

# URHP Summer Gathering 2024

JULY 5<sup>TH</sup> - 7<sup>TH</sup> 2024

Beechwood Court CEHC, Mountain Road, Conwy, North Wales LL32 8PY

## 'Moving Forward Together'

### A Conference for Qualified Herbalists & Herbal Students

#### Conference Programme

##### Friday 5<sup>th</sup> July

16.00 – 17.00	Registration
17.00 – 18.00	URHP - Members Informal Chat welcome
18.00 – 18.30	Opening Conference by URHP Chair & Mistress of Ceremony
18.30 – 19.30	Dinner
	Open Fire Ceremony
20.00 – 21.00	Oath & Sharing of Intentions/Gratitude
	Cassie Sheriff – Medieval Music & Medieval Herbalism

##### Saturday 6<sup>th</sup> July

08.00 – 09.00	Breakfast
10.00 – 11.10	Rachel Boon - Women's Health - Perimenopause
11.10 – 11.25	Tea Break
11.25 – 11.45	Rachel Boon - Q & A Women's Health – Perimenopause
11.45 – 12.30	Free Time
12.30 – 13.30	Lunch
14.00 – 15.30	Barbara Wilkinson– A Walk on the Wild Side Case Presentation
15.30 – 16.00	15.30 – 16.00 Tea Break
16.00 – 18.00	16.00 - 18.00 AGM
18.30 – 19.30	18.30 – 19.30 Dinner
19.30 – 23.30	19.30 - 23.30 Social gathering

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#### Sunday 7<sup>th</sup> July

08.00 – 09.00	Breakfast
10.00 – 12.00	Anne Stobart - Creating a Medicinal Forest Garden
12.00 – 12.30	Close Conference - Thank delegates, attendees and Venue
12.30 – 13.30	Lunch
14.00	Farewells Open Space

At this year's Conference there will be an Open Space throughout the event. This is simply an alternative program that anyone at the Conference can create at any time.

The way this works is that if anyone wants to facilitate a discussion or group activity, they can announce this on the Open Space Notice Board saying what, where and when. This can be as an additional option to the scheduled Seminars, during meal breaks or in the evening.

**PLEASE NOTE THAT SPEAKERS MAY BE SUBJECT TO CHANGE AT SHORT NOTICE**