URHP Sharing Circle 23rd Feb 2023

Present:

Usual crowd	New faces
Dilys Griffiths	Cassie Sherriff
Barbara Wilkinson	Latifah Currie
Jane Woolley	Suneet Goomer
Andy Patterson	

Apologies:

Laura: Currently busy with other commitments.
Sarah: Something came up, sends apologies for not note-taking.

Discussion Points:

Suneet: Currently in final year with Betonica. She said she was glad to be attending the Sharing Circle and was ready now to be more involved with things.
Working with Diversity Working Group

Latifah: Recent graduate from Lincoln College. Busy with many commitments.
Looking for more interaction with colleagues. She makes glycerites and syrups.

Cassie: Been inactive and out of the loop for a while, but is ready now to re-join things and has missed the conferences.
Runs courses at Woodland Skills Centre
University of the Third Age

Jane: Gave useful business advice on making products to create income stream.
Lunar living Facebook group. She is currently mentoring students via NIMH which she is enjoying as she can re-visit old favourites.

Dilys: Metaphor of V-formation of migratory birds & leadership within URHP where everyone works together, but the leadership changes every so often to allow the best flow and give former leaders time to ease up a bit.

Barbara: The Ark (book by Mary Reynolds)
Acts of restorative kindness.
A rallying call to join the Herb Society.

Andy: He will be taking over from Laura in July and at the moment is shadowing her, seeing how things work behind the scenes. He is particularly taken by the sociocratic principal way that Laura introduced to us, which was seen working at the AGM, when the new President election was held.

Summary:

A fun meeting was had by all.
Some of the more established practitioners were able to offer support and advice to those newly graduated.
Meeting ended on time.